

# Texas Falls Prevention Awareness Week

## SEPTEMBER 20–24, 2021



Falls Prevention Awareness Week (FPAW) is September 20-24, 2021. Join us virtually for a week full of falls prevention awareness events! Highlights include:

### **DAY ONE: MONDAY, SEPTEMBER 20**

11:00 a.m. | Falls Infrastructure Expansion and Integration Enhancement | Christina Bartha and Diana Reusch, Texas Healthy at Home

### **DAY TWO: TUESDAY, SEPTEMBER 21**

11:00 a.m. | Texercise: A Statewide Health Promotions Initiative | Chelsea Couch, CHES, CTCM, Texercise Program Coordinator

### **DAY THREE: WEDNESDAY, SEPTEMBER 22**

11:00 a.m. | Keeping “STEADI” in Texas | Marcia G. Ory and Matthew Lee Smith, Texas A&M Center for Population Health and Aging

### **DAY FOUR: THURSDAY, SEPTEMBER 23**

12:00 p.m. | Virtual Leader Training: Stepping Up Your Nutrition | Training Webinar | In partnership with the Maryland Living Well Center of Excellence

### **DAY FIVE: FRIDAY, SEPTEMBER 24**

11:00 a.m. | Connecting in the Community to Prevent Falls | Cindy Quinn, Unite Us; Katharine Tuck, United Way Tarrant County; Jessica Martone, Travis County Health and Human Services

**VISIT [FALLSPREVENTIONTEXAS.ORG](https://fallspreventiontexas.org)  
FOR A FULL SCHEDULE OF EVENTS AND  
REGISTRATION LINKS.**

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